



HawkSquawk

A HIGHLAND UPPER SCHOOL PUBLICATION

September 15, 2009 Issue #1

From...Mary Fahning, Upper School Director



Dear Upper School Parents,

The 2009 – 2010 School Year is off to a strong start. It was great seeing so many of you at the Upper School Picnic on September 2nd. I want to take this opportunity to publicly thank Kathi Smith who was the major force behind this event doing all of the shopping and being involved in all aspects of the evening. She was supported mainly by Valerie Cummins and Cathy Treuting. These ladies are your Upper School parent reps along with Connie Rogers. The grill masters were their husbands; Scott Smith, Jim Cummins, and Bill Treuting.

We began the first day of school with the Prefect Board's ceremony for the signing of the Honor Code. At the beginning of each school year, every student is asked to sign the Honor Code, pledging to uphold its dictates and its spirit. The primary responsibility of the 10 members of the Prefect Board, elected by the students and teachers and advised by the Dean of Students, is to serve as positive role models in both the academic and social arenas. They are the moral leaders of the school. They lead by example and also through educational programming in forums such as assemblies and advisories.

Freshmen Field Studies was excellent. The weather treated us right until the last day when rain forced us to cancel the Lake Brittle Service project portion of the program on Friday. However, the ever intrepid (and flexible) leaders, along with assistance back here at school, were able to work together to design an alternate activity to engage the freshmen. Thanks to the leadership of Ronnie Ross the campfire songs created by the various group colors were better than ever and we were able to capture them on film in the Rice Theater. Will Reiners demonstrated a remarkable ability to pull activities out of his hat on a moments notice when the banana boat rides were put on hold while the tow-boat was being fixed. Students actually lamented the fact that they missed out on the fill-in activities after the boat was repaired. Evan Jones was responsible for guiding the freshman as they created some unique works of nature art ala Andy Goldsworthy. Be on the lookout for a special Freshman Art Show in their hallway. Ness Sufrin, Leslie Ziegler, Elaine Patry, and Chris Ball canoed across the Rhodes River to SERC, Smithsonian Environmental Research Center, where they lead the students in the study of Native American lore, history of the early settlers and the ecology of the area. Ms. Patry did a remarkable job coordinating our entire experience. We all agreed that the Class of 2013 promises to be an exceptional one. Today the Freshmen are celebrating their class spirit with a dress down in jeans with their Field Studies T-shirts.

Speaking of class spirit, Homecoming and Spirit Week

are right around the corner. This year each class will pick a theme for the day during Spirit Week, September 28th – October 2nd, culminating with class color day on Friday. On Saturday, October 3rd, we celebrate Highland's Homecoming Hawkfest from 9:30 am – noon. Parent and student volunteers are needed to help run various games and activities for the Lower School. Katie Graap, Key Club president, is coordinating the student volunteers. Parents who wish to volunteer can contact Gordon Oliver. Homecoming will culminate with a dance sponsored by the Senior class Saturday night.

Now that school is back in session we are beginning to get information for enrichment programs for students. We will use the HawkSquawk to keep you aware of unique opportunities as they become available. Please see the enclosed information on the Virginia Aerospace Science and Technology Scholars (VASTS) program for Juniors. We have also included a request from Mary Chrisinger, UVA SEP On-Site Coordinator for Highland School, for teaching assistants in the UVA Curry School of Education Saturday Enrichment Program.

Finally, Reginald Ryder, Director of Guidance, and I want to invite you to join us for a discussion of student motivation as presented by Richard Lavoie in The Motivation Breakthrough : 6 Secrets to Turning on the Tuned-out Child on Tuesday, September 29th at 8:15 AM. This topic received enthusiastic reviews as our focus in the Upper School preplanning sessions. Richard Lavoie's work has become a centerpiece in teacher preparation curriculum across the United States. The Motivation Breakthrough offers concrete strategies and reveals powerful and effective secrets for boosting a child's confidence, self-esteem, and motivation. In preparation for our discussions, please read the limited preview of chapters on "The Role of the Parent in Student Motivation" and "The Parents Involvement in Academic Issues" that are available on Google Books at <http://books.google.com>. Simply type in the name of the book and you will be able to access most of the content in these chapters. We hope to see you on September 29th.

Here's to a great school year!

Mary Fahning



Lunch News

There's no need to fear, lunchtime is always near.

For those of you new to Highland School we want to share with you how to navigate lunchtime in the Upper School.

The Rice Lobby is set up each day for students to enjoy lunchtime together. Students are also able to enjoy lunch outside in the Class of 2008 Courtyard.

Students are welcome to bring their own lunch each day. The kitchen has 4 microwaves available for student use.

Each day of the week there are lunch options for purchase. Preordering lunch is appreciated by each group that serves. Forms can be found in and returned to the Main Office. There may be a few extra meals after preordered items are distributed but students who do not preorder can not be guaranteed a meal will be available for them so please **ORDER AHEAD OF TIME**.

The following is a list of who supervises and what is served each day:

Monday—The Parents Association (PA) serves Pizza or Chik-Fil-A
 Tuesday—The Junior Class serves pasta and sandwich choices from Ledo's
 Wednesday—The Prefect Board serves Pizza (no form needed)
 Thursday—The Sophomore Class serves Chinese from Tops
 Friday—The PA serves Five Guys or Tropical Smoothie

So now that you know what is served...there is always a need for volunteers to help serve.

The Parents Association needs and appreciates your help!

This is a great way to become familiar with students in the Upper School and the time commitment to serve lunch is relatively short and sweet!

Your Upper School Parent Representatives

9th Grade	Cathy Treuting	treuting@verizon.net	540-349-9032
10th Grade	Connie Rogers	connie@silentpartner.biz	540-364-1108
11th Grade	Kathy Smith	kksdukebse@aol.com	540-349-9208
12th Grade	Valerie Cummins	cumminsvalerie@aol.com	540-347-1524

THE NEW WEBSITE HAS BEEN LAUNCHED!

Having a hard time viewing aspects of the Highland School Website? It may be that you do not have the most current version of Internet Explorer. You can get the free download from Microsoft.com



Nursing Notes

We have our first case of mono in the Upper School. We also have one student with flu like symptoms. Please remind your child that the best prevention of illness is a 20 second hand washing with soap and water. Alcohol dispensers are scattered through out the building when getting to a sink is inconvenient. Also, remind your student to use "coughing and sneezing etiquette" (cough and sneeze into the elbow); and not to share food or drinks. Your student needs to **stay home when he/she is sick**. It is the only way we will be able to keep the spread of illness down to a dull roar. Aside from feeling better, students need to be fever free for 24 hours without the use of antipyretics (Tylenol or Advil).



Nurse Rosie

You're Invited To Highland's

Coffee House

The Black Box Theater

7-10 p.m.

on the following Friday's:

September 18

October 2

October 16

October 30

November 20

December 4

(more dates will follow)

An informal gathering started by Upper School students where all are welcome to showcase their musical talents.

College Planning Night for Seniors
Wednesday, September 23
7:00 – 8:30 pm
Rice Theater

For all seniors and their parents
This program provides an overview of college
application topics including:

- **Finding the Right Fit**
- **The Admissions Timeline**
- **Standardized Tests**
- **Essays and Personal Statements**
- **Resumes**
- **Recommendations**
- **Student Responsibilities**
- **Role of the College Counseling Office**
- **Parental Support**

Seniors and their parents should RSVP to
Renee Norden, 540.878.2726,
rnorden@highlandschool.org.



TEACHING ASSISTANT
OPPORTUNITY
FOR STUDENTS

Would you like an opportunity to share your expertise with high ability/gifted learners in grades K-5? In coordination with the UVA Curry School of Education, you are invited to join the Saturday Enrichment Program as we strive to inspire young and bright learners in diverse fields and disciplines. We are currently hiring 2010 program teachers for the Fauquier County location at Highland School.

Program dates are January 23rd, 30th and February 6th, 13th, & 20th (snow date is February 27th).
Teaching assistants work from 8:30 am – 11:30 each Saturday. Responsibilities are described below.

Teaching Assistant: Key Responsibilities

Meet with your assigned teacher during a planning/organizational meeting.

Collaborate effectively with your assigned teacher.

Support classroom activities (i.e. leading small groups, assisting with supplies, developing student reports, etc.).

Work with SEP staff and parents to ensure a positive learning experience for your students.

Pay: Teaching assistants will receive a salary of \$200 for working five Saturdays.
Assistants must be at least 16 years of age.

Application Due Date: October 16th, 2009

*For further information, please contact Mary Chrisinger at mchrisinger@highlandschool.org,
UVA SEP On-Site Coordinator*

From the Dean's Office
Meet your Student Leaders for 2009 - 2010

Prefect Board

Molly Berg	Phoebe Krumich
Sam Bounds	Margot Laimbeer
Zach Dennis	Macklin McMullin
Michael Ferster	Ty Schmieder
Chris Hoerner	Rachel Schools

Student Council Officers

President: Avery Shook
Vice: Brendon McCann
Treasurer: Connor Haile
Secretary: Georgia Pearson

12th Grade Officers

President: Allison Cummins
Vice: Chloe Christoforou
Treasurer: Allyson Scullin
Secretary: Ashley Tedrick

The 11th Grades Officers

President: Cristina Berriz
Vice: Jacob Blackwell
Treasurer: Emery Hanback
Secretary: Gavin Terpilowski

10th Grade Officers

President: Jackie McGuinness
Vice: Thompson Garrett
Treasurer: Brendan Goggin
Secretary: Hannah Smith

9th Grade Officers will be elected by mid-October

The following speech was delivered at Convocation by Rachel Schools, Head Prefect and a member of the Class of 2010.



Teamwork

Good morning and welcome to the 2009-2010 convocation. My name is Rachel Schools and I am head prefect of the prefect board. Each year, the school selects a character theme we want students to remember and exhibit throughout the school year. The theme for this year is teamwork which I believe is one of the most important qualities for the success of a school. As I was thinking back to what teamwork really means to me, I realized that it has been part of my life ever since I was young.

For the first twelve years of my life, I lived on a farm that always kept my younger brother and me entertained. During the summer we climbed trees while in the winter we built snowmen. One winter day we had gotten off school because of the four inches of snow on the ground. Our neighbors also had off school so we decided to call them and have a day out in the snow. We met on the golf course nearby and decided to have a competition to create the biggest snowball. The method of choice, created by my brother, was to pack snow together, roll it down a hill, then painfully push it back to the top. Each one of us wanted to have the biggest snowball so we continued this routine for hours. Each of our snowballs were beginning to get too big for us to push to the top of the hill, then we came to a conclusion; instead of each one of us having a snowball, the four of us would work together to create one giant one which no one could outsize. We pushed our snowball up and down the hill until it was bigger than the first four put together. Our snowball stayed on the top of the hill and, when we passed by on the way to school the rest of that week, we saw it; the evidence that our teamwork had led us to success.

It was my first day of school as a senior and as I sat in math class reading posters with quotes throughout the room, I realized that one of them was about teamwork. The quote read, "Snowflakes are one of nature's most fragile things, but just look what they can do if they stick together." This quote, to me, gives the perfect definition of what I think teamwork is. We here at school have the potential to create something great if we work together. To the senior class, we too must stick together to have one of the best years of our lives and through teamwork, lead the school to outstanding accomplishments. Whether it is through athletics, academics, plays and even building giant snowballs teamwork is the key to success in everything that each one of us does everyday of our lives. Thank you, and good luck in the 2009-2010 school year.



Mr. Scharfenberg discusses Government with students at our new Harkness table located in the newly dedicated Humanities & Instructional Technology wing.

The NASA Langley Research Center and the Virginia Space Grant Consortium (VSGC) are pleased to announce an exciting opportunity for 2009-2010 high school juniors through the Virginia Aerospace Science and Technology Scholars (VASTS) program. VASTS, which is provided at no cost to the student, is an interactive, online science, technology, engineering and mathematics learning course taken in the spring semester followed by a week-long residential Summer Academy at NASA Langley Research Center in Hampton. Students who participate in VASTS earn 2 college credits for the online course and 2 additional credits for the Summer Academy.



Master Educators work with students during the online coursework and the Summer Academy. The Scholars work side-by-side with NASA scientists, engineers and technologists to design a human mission to Mars and are immersed in NASA-related research during the week-long Academy. Since 2008, 220 students from across the state have participated in VASTS. The online course uses the theme of Space Exploration to teach and reinforce a wide range of science, technology, engineering and mathematics (STEM) knowledge and skills that align with Virginia and national standards of learning. The Virginia Department of Education partners with VSGC and NASA Langley to offer this worthwhile program to students across the Commonwealth. Many Virginia companies are also providing support. The online application deadline is November 6, 2009. Complete program information and timeline are included on the website -- <http://www.vasts.spacegrant.org/>



Pictures on this page and the front page are from Freshmen Field Studies

Mark Your Calendar

SEPTEMBER

18	Friday	Bonus Bucks Dress Down Day for US Coffee House 7:00 PM – The Black Box—All are welcome
20	Sunday	The American Shakespeare Center's touring production of <i>All's Well That Ends Well</i> is coming To the Rice Theater for a special performance on Sunday September 20, 2009. The performance will take place at 3 p.m. Tickets (at the door only) for adults will be \$15 and tickets for students will be \$8 dollars.
22	Tuesday	Picture Day. Individual pictures for grades PK-11, Class Pictures for grades PK –12. This is a DRESS UP DAY
23	Wednesday	Toga/Stola Day– for all Latin classes College Planning Night for Seniors (7 PM) (The Rice Theater) All seniors and their parents are encouraged to attend.
24	Thursday	Senior Field Studies (overnight)
25	Friday	Senior Field Studies
28	Monday	Spirit Week begins—Schedule to follow
29	Tuesday	Parent Resource & Outreach Program— <u>The Motivation Breakthrough : 6 Secrets to Turning on the Tuned-out Child</u> —The Hazel Library, 8:15 a.m.
30	Wednesday	Last Day of Drop-Add for US students

OCTOBER

2	Friday	Spirit Week -these are just a few of the Spirit activities taking place this week.. Boosters Meeting (8:30 AM - Center for the Arts) Founders Luncheon (12:00 PM – Center Lobby) Upper School Pep Rally at 2:00 PM Alumni Barbeque (6:00 – 8:00 PM) Coffee House (7:00 PM – The Black Box)
3	Saturday	Homecoming - Hawkfest (All School Picnic & Homecoming) Homecoming Dance Class of 2008 Courtyard Dedication
5	Monday	Lower/Middle School Book Fair through Friday Senior Picture Make Up day (class of 2010) Drapes and tuxes only 1:00 pm
6	Tuesday	Parents Association General Membership Meeting (8:30 AM)
7	Wednesday	Upper School Back to School Night – 7 PM
12	Monday	Columbus Day – No School!

