



Students at the June All School Gathering

# HawkSquawk

A HIGHLAND UPPER SCHOOL PUBLICATION

August 1, 2011  
*Special Summer Edition*



String Ensemble at the June All School Gathering

Dear Upper School parents,

I can't believe we turned the calendar to August today! Summer goes by so quickly these days. Students and teachers work hard during the school year, so we need time to recharge our batteries. I talked to a rising sophomore on Friday who told me she is ready to go back to school, and I imagine more of us will be feeling that way as August moves along.

I have exciting news to share. It is hard for us to find ways to validate our academic program since there are so few external standards, but this summer we have two sets of results that indicate that we are delivering on our mission. This summer we sent seven rising seniors to the competitive Virginia Summer Governor's School Program: Brendan Goggin to Humanities; Joe Soley to Math, Science and Technology; James Minyard to Agriculture; Anna Brehm to Arabic; Sarah Henry to Chinese; Thompson Garrett to Russian; and Sarah Glier to Latin. We also earned our most impressive AP exam results ever. More of our students took more AP exams than ever before, and 85% of them earned scores of 3 or above. Being successful on an AP exam does not just validate the work of one teacher but rather demonstrates that all of our teachers are teaching foundational skills that serve our students well in these advanced courses. Congratulations to all of these students for their successes.

I also want to take this opportunity to welcome new parents to the Upper School. I'm sure you're starting to think about the upcoming year and how your son/daughter will fare, but I want to reassure you that we are all here to help him or her have a successful year. Teachers, advisors, and administrators work tirelessly to help new students acclimate and get used to new academic expectations. Returning classmates and/or older students are also influential in the transition. Communication from Big Brothers and Big Sisters will be forthcoming; preseason sports will be another way for student athletes to connect. Finding community at Highland is not just for students, though. We are also a community of adults; faculty and returning parents who will reach out to you to answer your questions and to make you feel welcome. We have a variety of orientation activities for new Upper School students and parents that you will read about in this edition of the HawkSquawk on page 4; we look forward to meeting you and your family at these events.

Enjoy the last weeks of summer! I hope to see everyone at the Upper School Picnic on August 31<sup>st</sup>.

Sincerely,

Cassin Bertke  
Assistant Head of School  
Upper School Director

## Student Schedules

Student schedules will be emailed by August 5<sup>th</sup>. In most cases we were able to honor course requests. Any course requests we were not able to schedule will be listed at the top of the schedule without an assigned period or teacher. More information about schedules will accompany the student schedule email.



Sean Bray, Grant Vance, & Paul Zielenski, class of 2013, sort through information for their summer US History class.

## Class of 2012

You have arrived to your senior year! A few things to keep in mind as the school year approaches:

- **Senior Pictures** are scheduled for Thursday, September 1, 2011. You will receive information and your scheduled time directly from Splendid Portraits. A formal picture will be taken. (Drapes for girls, tuxedo jackets for boys) You will also have the opportunity to take casual photos with clothing of your choice. Call Splendid directly for additional information at 800-230-4602.
- **Senior College Planning Night** is scheduled for Wednesday, September 21– 7 p.m.
- **Senior Field Studies** are planned for September 22 & 23. Information will be mailed at a later date.
- **Jostens** is our vendor for graduation announcements, cap & gowns and other items you will need and may want to have for senior year. Expect to receive mail and phone call reminders directly from Jostens in addition to notices posted in the HawkSquawk. Keep in mind that many preparations for Graduation will happen this fall!



Will Nelson, Class of 2011- Examples of senior photos to be taken on Thursday, September 1.

## School Photos

Tuesday, September 20  
For grades PK—11

Group class pictures will be taken for all grades, PK-12

## Class of 2013

- **Class rings** may be ordered by the Junior class through Jostens. Information packets will be distributed the first week of school. Scott Miller, our Jostens rep will be on campus during lunch in late September to accept orders and answer questions. You will also be able to build and order your class ring online through Jostens.com. Expect to receive mail and phone reminders directly from Jostens.
- The Junior class has a scheduled **field trip** to Washington D.C. on Friday, September 23rd.

## Class of 2014

- The Sophomore class will have a **Sophomore Retreat** on Wednesday and Thursday, September 14 & 15. This will include a visit from our friend Michelle Kriebel of Jeffrey Wolfsberg & Associates. This will be Ms. Kriebel's 5th year visiting Highland School. Additional information will be sent in the coming weeks but feel free to check out her company's website at [www.jeffwolfsberg.com](http://www.jeffwolfsberg.com).

## Class of 2015

Our newest additions to the Upper School will hit the ground running!

- **Freshman Field Studies** will begin Wednesday, September 7 and run through Friday, September 9. This 3 day introduction to US experiential education will take them on an adventure to the Eastern Shore of Maryland. More information will be sent in the coming weeks.

## Lunch in the Upper School

*There's no need to fear, lunchtime is always near.*

For those of you new to Highland School we want to share with you how to navigate lunchtime in the Upper School.

The Rice Lobby is set up each day for students to enjoy lunchtime together. Students are also able to enjoy lunch outside in the Class of 2008 Courtyard.

Students are welcome to bring their own lunch each day. The kitchen has 4 microwaves available for student use.

Each day of the week there are lunch options for purchase. Preordering lunch is appreciated by each group that serves. Forms can be found in and returned to the Main Office. There may be a few extra meals after preordered items are distributed but students who do not preorder can not be guaranteed a meal will be available for them so please *ORDER AHEAD OF TIME*.

Lunches selections will be announced.

**Monday**—The Parents Association (PA) will rotate each week between two lunch options (ex: Chick Fil-A & Dominos)

**Tuesday**— Junior Class—selection TBD

**Wednesday**— The SCA/Prefect Board serves Pizza (no form needed)

**Thursday**—Robotics or Sophomore Class—selection TBD

**Friday**—The PA will rotate each week between two lunch options (ex: Panera & Tropical Smoothie)

## Summer Reading Have you started?

Check the website for assignments at [Highlandschool.org](http://Highlandschool.org).  
Go to School News and click on Handbooks & Forms and scroll down to see Upper School Summer Reading

## Our online Bookstore is open

at [www.MBSDirect.net](http://www.MBSDirect.net).  
Your schedule will be sent to you by August 5th .

MBS will offer FREE shipping August 15-21 on all orders over \$99.00



## Forms needed to begin school!

You must have a completed *General Information and Permission to Transport Form* filled out prior to the first day of school.

All forms required for next year can be found on our website: [Highlandschool.org](http://Highlandschool.org). Go to School News and click on Handbooks and Forms

You will also find textbook & supply lists—be ready!



## The Upper School needs YOU!

Serving lunch is a great way to get familiar with the Upper School and the students here.

The Parents Association can use your help to make sure lunches and other events run smoothly.

Please consider donating your time whenever you can make yourself available.

We are excited to welcome our Upper School Parent Reps for the 2011-2012 school year!

Grade	Name	Cell	Email
9 <sup>th</sup>	Sue Bopp	540-272-4101	esbopp@emoagency.com
10 <sup>th</sup>	Joy Willey	703-283-9483	willeyjoy@aol.com
11 <sup>th</sup>	Haley Walsh	540-222-1907	hwalsh@thehillsschool.org
12 <sup>th</sup>	Terri Cameron	703-209-6707	trcameron@hotmail.com
PA President	Anna Bowman	540-222-2067	annabowman@verizon.net

## *New Parent /New Student Checklist for Upper School*

- Has your new student scheduled and taken Placement Tests for advanced, Honors or AP classes? Call Wendy Safren at 540-878-2720.
- Have you selected your courses with the Upper School Office? Call Wendy Safren at 540-878-2720.
- Have you checked the website for Summer Reading? (Highlandschool.org/School News/Handbooks & Forms/ Upper School Summer Reading)
- Have you ordered your textbooks? You can purchase through MBSDirect.net, our online book supplier, or use our textbook list to buy your textbooks through other vendors. FYI- MBSDirect.net will offer free shipping from August 15- 21<sup>st</sup> . (Highlandschool.org/School News/Handbooks and Forms/ Textbook List or Online Supplier link)
- New Parents are invited to the Head of School Reception for New Parents on August 25th, 7:00 pm in the Chilton Commons.
- Both *new students* to the Upper School *and their parents* should plan to attend the US New Student Orientation on Wednesday, August 31<sup>st</sup> at 4:30 pm. (This will include *all* freshman, new students in grades 10-12, and their parents). This is followed by the US Picnic at 5:30 pm which is open to all US students and parents.
- Parents that are new to Highland's Upper School, including *all* rising freshman parents should plan to attend the New Parent Orientation on Wednesday, August 31<sup>st</sup> at 7:00 pm in the Chilton Commons. Upper School Students will remain at the picnic while their parents attend this event.

### **SAT PREP**

Veteran teachers Sally Pont and Mary Fahning are offering an SAT prep class to prepare for the October SAT and PSAT. They will also examine the differences and similarities between the SAT and the ACT. There are still a few spots left. The course takes place during preseason, August 22-26 from 11:00 am until 2:00 pm. If you wish to enroll in the course, please contact Sally Pont at [spont@highlandschool.org](mailto:spont@highlandschool.org).

### **COLLEGE APPLICATION / ESSAY WORKSHOP**

**OPEN TO ALL RISING SENIORS**

**August 15th-19th 12:30-2:30 Cost: \$250**

Would you like to have at least two essays and one application completed before school begins? Using the online Common Application, students will finish the common app and its essays, at least one college supplement, and an additional essay in this five -day workshop. Through the analysis of actual college essays and individualized feedback, students will be guided through the process of crafting unique and effective writing for their applications. This workshop will be taught by Cathy Campbell, English Department Chair, and Renee Norden, Director of College Counseling.

This workshop is geared to rising seniors from all area high schools.

The Upper School and the Parents Association Invites All  
Upper School Parents and Students to Attend the

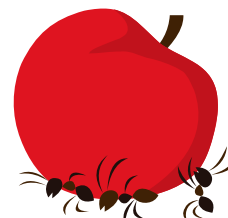
## Highland Upper School 2011-2012 Meet & Greet Picnic

Wednesday, August 31, 2011

5:30 p.m. – 7:30 p.m.

The Class of 2008 Courtyard

Rain Location: The Upper School Gym



Hamburgers, hotdogs and drinks will be supplied by the Parents Association

**Please bring a dish to share according to your last name:**

A – G Appetizer (veggies & finger foods)

H – P Side Dish (chips should be individually packaged)


R – Z Dessert (sweets and fruits)

Items that perish quickly in heat should be avoided.  
Please bring dishes in disposable containers

**Fun and Games will be provided  
by the Student Council**

RSVP to the Upper School Office at (540) 878-2720 or to  
Wendy Safren at [wsafren@highlandschool.org](mailto:wsafren@highlandschool.org)

Call the Upper School Office or your Parent Association representative for questions.

An illustration of a picnic scene featuring a yellow and orange striped umbrella, a picnic basket, a cooler, and a small table with a red top.

Grade	Name	Cell	Email
9 <sup>th</sup>	Sue Bopp	540-272-4101	esbopp@emoagency.com
10 <sup>th</sup>	Joy Willey	703-283-9483	willeyjoy@aol.com
11 <sup>th</sup>	Haley Walsh	540-222-1907	hwalsh@thehillschool.org
12 <sup>th</sup>	Terri Cameron	703-209-6707	trcameron@hotmail.com
PA President	Anna Bowman	540-222-2067	annabowman@verizon.net

Please bring chairs and blankets for seating outside. We look forward to seeing you!

**This event will be preceded by New Student Orientation at 4:30 pm and  
followed by New Parent Orientation at 7:00 pm.**

New Student Orientation is for all rising 9<sup>th</sup> graders, new students in grades 10-12 & their parents.  
New Parent Orientation is hosted by the Admission Office for parents new to Highland's Upper School,  
including all returning freshmen parents. US students will remain at the picnic during Parent Orientation.

## Upper School Dress Code 2011-2012

Clothing reflects the culture of the school. A dress code reminds students that school is a serious working environment. Students are expected to dress and groom themselves in a way that reflects standards of **neatness, modesty, and appropriateness for school**. Overly casual or revealing clothing not only distracts from academics, but is inconsiderate of other people's sensibilities. The dress code is in effect from 8:00 am until the end of the academic day, even if students are out-of-doors. If you are in doubt as to whether a particular garment is acceptable or not, **ask before you wear it**. **Extremes** in fashion, hairstyle, and hair color are unacceptable.

Below are guidelines for all Upper School students to observe. The interpretation of these guidelines will at all times remain in the hands of the Dean of Students and the Upper School Director.

### **Men**

A collared shirt that is firmly **tucked in** at the waist and buttoned to the second button. A collared sweater may also be worn.

Trousers, slacks, or shorts of appropriate length (September until Homecoming; April 1- The End of the School Year)

Slacks with belt loops must be worn with a belt.

Blazers, sport coats, sweaters and official Highland sweatshirts or windbreakers **must be worn with a collared shirt**.

Face must be clean-shaven.

### **Women**

A collared shirt or blouse must be worn at all times. Sleeveless shirts and blouses are not allowed. Girls must always wear a collar. **The only exception to this rule applies to dresses on dress up day.**

Girls' blouses and shirts that are not designed to be tucked in must cover the waistband. Midriffs must not be exposed.

Trousers, slacks, or shorts of appropriate length (September until Homecoming; April 1- The End of the School Year).

Slacks with belt loops must be worn with a belt.

Dresses with sleeves and collars, skirts, and jumpers must be two inches above the knee while standing straight up.

### **Both Men and Women**

Clothes, which comply with the dress code, may be of any color or fabric except denim or mesh.

Sweaters, sweatshirts, fleece vests, jackets, or windbreakers may be worn only with a clearly visible collared shirt or blouse underneath.

All clothes must be neat, clean, and **WITHOUT HOLES**, even on dress down days.

### **Shoes**

Shoes must be well structured with either full covering in the front or supportive straps in the back.

Casual shoes and athletic shoes are appropriate.

All shoes must be neat and clean and without holes or tears.

Slippers or flip flops of **any kind** are not permitted.

**continued next page...**

## **Dress Code 2011-2012 continued...**

### ***Shorts***

(September until Homecoming; April 1- The End of the School Year): Tailored, knee-length, Bermuda-style shorts or capris. Shorts and capris with belt loops must be worn with a belt.

### ***Hair***

Hair should be neatly groomed, and longer hair should not impede eye contact.

### **Here is a Short List of What is NOT PERMITTED**

- Hats, caps or bandannas in the building.
- Pajamas or clothes resembling underwear.
- Visible body piercing other than ears.
- Bare midriff or midriff visible when arms are lifted above the head.
- Cleavage, bare shoulders, or strapless shirts, dresses, or blouses.
- Tank tops or t-shirts.
- Sheer fabrics, denim, or mesh.
- Cargo, carpenter-style pants and pants made to be zipped apart.
- Sweat or athletic pants or shorts.
- Slippers or flip flops of **any kind**.

### **Dress Down Days**

**Men and women:** The following exceptions to standard dress are allowed: Denim, sweat pants, knee-length shorts, t-shirts, hoodies, flip flops, and casual sandals.

### **Dress-Up Days**

**On dress-up days and other special occasions students are asked to dress in more formal attire.**

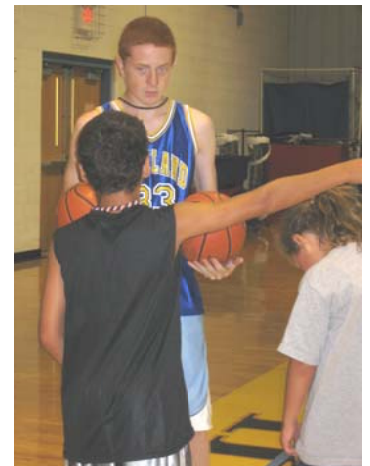
**Men:** Shirts with a tie and dress pants with a sport jacket or blazer and dress shoes with socks. Jackets must be worn all day.

**Women:** Dresses, dress code shirts with skirts, dress slacks with blazer, or suits in a formal style and dress shoes.

**Disciplinary Action:** Students are subject to disciplinary action for not adhering to the dress code.

1. **Students who are in egregious violation of the dress code will be given two options: acquiring a change of clothes from home or wearing appropriate clothing from the Dean's Office.**
2. **The first time a student is out of dress code, parents will be notified.**
3. **The second time a student is out of dress code, he/she will lose lunch privileges.**
4. **The third time a student is out of dress code, he/she will receive a detention.**

**Compliance with the Dress Code will be the final decision of the Dean of Students.**



Upper School students assist Jake Shechtman during summer basketball camp.



## Highland School Athletics Upper School Fall Tryouts and Practices



### GIRLS

<b>Cross Country</b>	<b>Coach Sally Pont</b>	<b>spont@highlandschool.org</b>
Practices:	August 22 – 26	9:00 am – 10:30 am
	August 29 – Sept 1	3:30 pm – 5:00 pm
<b>Field Hockey</b>	<b>Coach Ness Sufrin</b>	<b>vsufrin@highlandschool.org</b>
Tryouts:	August 22 – 26	8:00 am – 11:00 am
Practices:	Begin August 29	3:30 pm – 6:00 pm
<b>Tennis</b>	<b>Coach Paola Riccetti</b>	<b>paola.riccetti@gmail.com</b>
Tryouts:	August 22 – 26	9:00 am – 11:00 am
Practices:	Begin August 29	9:00 am – 11:00 am
<b>Volleyball</b>	<b>Coach Gary Hicklin</b>	<b>ghicklin@highlandschool.org</b>
Conditioning:	August 15 – 19	9:00 am – noon
Tryouts:	August 22 – 26	9:00 am – noon
Practices:	Begin August 29	schedule provided at tryouts

### BOYS

<b>Cross Country</b>	<b>Coach Sally Pont</b>	<b>spont@highlandschool.org</b>
Practices:	August 22 – 26	9:00 am – 10:30 am
	August 29 – Sept 1	3:30 pm – 5:00 pm
<b>Soccer</b>	<b>Coach Reynolds Oare</b>	<b>roare@highlandschool.org</b>
Conditioning:	August 16 – 19	9am – 11:30am
Tryouts:	August 22 – 26	8:30am – 10:30am & 4:00pm – 5:30pm
Practices:	Begin August 29	schedule provided at tryouts

### CO-ED

<b>*Club Golf</b>	<b>Brant Ruskin</b>	
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\***Golf** will be offered as a “club sport” for the fall season. The program will be held three days per week at Fauquier Springs Country Club. Fall golf will begin Monday, September 12. Additional information will be provided once school begins.

If you have questions, please first contact the **Head Coach** or you may contact Gary Leake, Athletic Director, at [gleake@highlandschool.org](mailto:gleake@highlandschool.org)

**\*All athletes must have a current physical on file prior to attending tryouts!!**