



HawkSquawk

A HIGHLAND UPPER SCHOOL PUBLICATION

September 12, 2011

Edition #1



Dear Upper School parents,

The first week started off well, and today we gathered for the official start of the academic year at Convocation, the first of three annual all-school gatherings. This morning, Mr. Berg reminded us that this year's character theme is *Integrity*. I love the way Head Prefect Hannah Smith, Class of 2012, described it: "When

I imagine integrity, I see a stone box within the soul that holds all the morals we have learned over the years. As a person practices their integrity, the box opens easier. With each good deed, the hinges become well-worn and the person becomes stronger and prouder as their integrity becomes an accessible part of their daily life."



Hannah Smith ('12)

Upper School students will have plenty of opportunities to demonstrate integrity throughout the year, but I want to draw your attention to what I witnessed at Freshman Field Studies last week. Despite the torrential rains that barely let up for the three days the freshmen were on the Chesapeake Bay, the Class of 2015 remained cheerful and enthusiastic. I was amazed by their energy and the way they reached out



to welcome and support each other. As the girls in my cabin told me late Thursday night, "We can't even tell anymore who we knew last year and who we didn't. We're one class

now." This kind of class bonding only occurs with terrific students and with the leadership of strong freshman class sponsors. I look forward to watching this class learn and grow together.

The sophomore class heads out on their Wellness Retreat on Wednesday, and the junior and senior classes look forward to their field studies next week. In the meantime, feel free to contact me with any questions, and please enjoy this issue of the *HawkSquawk* in which we have highlighted students and their fabulous summer experiences.

Sincerely,

Cassin Bertke
Assistant Head of School
Upper School Director



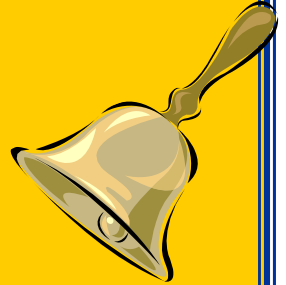
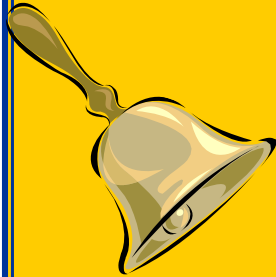
Freshman Field Studies on the Chesapeake Bay.

JOIN US
FOR

UPPER SCHOOL
BACK TO SCHOOL NIGHT

WEDNESDAY, OCTOBER 5
7:00 PM
THE RICE THEATER

ALL PARENTS ARE ENCOURAGED TO ATTEND, NO STUDENTS PLEASE



Yearbooks are currently on sale for \$80 through Sept. 15. The price goes up to \$90 after this date so get your orders in now! You can order your yearbook online at Jostens.com, or you can contact the yearbook staff through yearbook@highlandschool.org. We do not order extra books, so if you want a yearbook you must get your orders in early! Thank you for your support!



2011-2012 Student Council Members

Prefect Board	Student Council	
	Student Council Officers	11th Grade Officers
Ed Barnett	President: Jackie McGuinness	President: Camille Smith
Sarah Henry	Vice: Morgan Hill	Vice: Lauren Bryan
Thompson Garrett	Treasurer: Henry Miller	Treasurer: Ayesha Prasaad
Kat McMullin	Secretary: Evan Hendrick	Secretary: Dylan Nicholls
Ryan Schmieder		
Hannah Smith	12th Grade Officers	10th Grade Officers
Emily Berg	President: Jim Elias	President: Tim Bartz
Jennifer Hoerner	Vice: Brendan Goggin	Vice: Gus Moshos
Chance Kushner	Treasurer: David Nichols	Treasurer: Morgan McLothlin
Simon Schwartz	Secretary: Ancey Smith	Secretary: Andrew Norman



Benjamin and Isabella Catalfamo, August 2011

One Small Step Walk

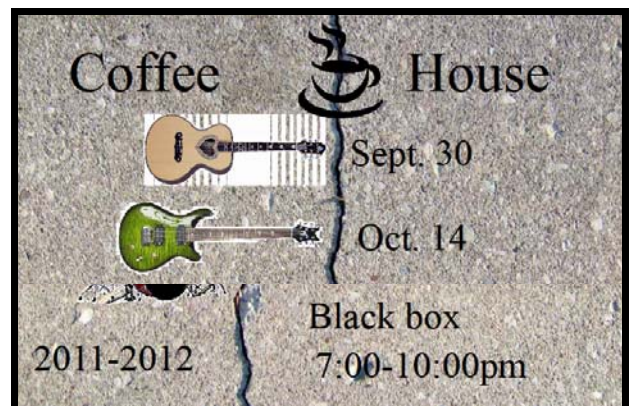
Skye Meadow State Park on Saturday, September 24

To learn more about Prader Willi Syndrome or to join us for this walk,
see the **Ben's Friends** page at

<http://onesmallstep.fpwr.org/dw/users/mcatalfamo/delaplaine>



If you are interested in donating
an hour a week to help out in
the Upper School Library, please
email Carla Tapp at
ctapp@highlandsschool.org.



WHAT DID YOU DO THIS SUMMER?

Jacqueline (Jackie) McGuinness ('12) placed 7th in the North American Junior and Young Rider Championships this past July. The NAJYRC is the premier equestrian competition in North America for junior and young riders, ages 14-21. Below Jackie and her horse, Pepper, clear a cross country jump. Pepper was one of the few mares that competed in the competition. Way to go girls!



Erin Kelly ('12), riding her horse McKinley, represented Virginia at the United States Pony Club Nationals in Lexington, Kentucky this summer. Her team brought home the bronze in Show Jumping.

Katherine McMullen ('12) was one of a few students from Fauquier County to be accepted into and attend the Virginia Aerospace Science and Technology Scholars summer academies located in Hampton at the NASA Langley Research Center. This interactive program exposed students to a wide range of science, technology, engineering and math skills. Under the helpful guidance of NASA researchers, scientists and astronauts, the program activities included planning a mission to Mars.

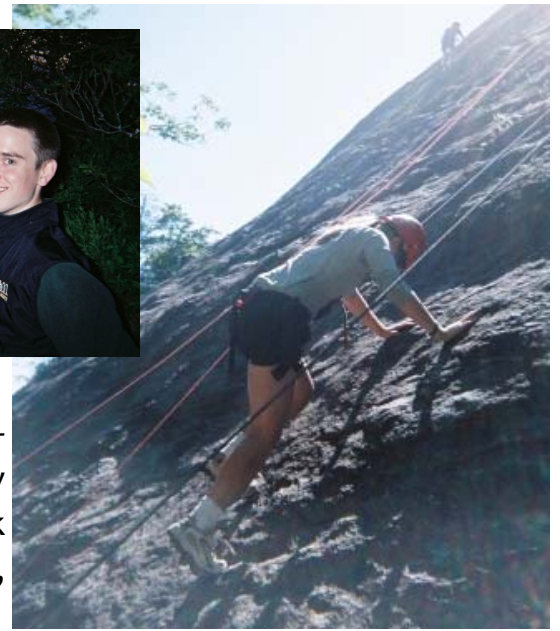


David Nichols with children at Ikageng Itireleng (a place for children to go who are affected by AIDS or have unfit parents).

David Nichols ('12), spent part of his summer involved with People to People International (PTPI) in Africa.

David's PTPI EXPERIENCE included volunteering for a week at township schools in Cape Town, discussing education with local students of the same age, learning about Robben Island from a former inmate, seeing Africa's wildlife up close on safari, receiving a lesson on the differences between African tribes, and visiting with children affected by HIV/AIDS in Johannesburg.

Designed to immerse high school students in cultural, educational and humanitarian activities, the PTPI EXPERIENCE program takes place annually in locations around the world. Throughout the two-week program, the students engage in discussions about what they have seen and done, and what their roles are in the world.



Dean of Students Sally Pont and nine student leaders attended a five-day Outward Bound course in the Smoky Mountains of North Carolina. They reached the peak of two mountains, rock climbed, slept under the stars, and survived a three-hour hail storm.



Ronnie Ross led a group of Upper School students to the Middleburg Humane Foundation and helped them prepare for their annual fundraiser by organizing a horse trailer full of horse items (blankets, bridles, boots, saddles, etc.). It was a huge project and the Foundation was glad to have Highland help during Community Service Camp this summer. Highland's service group made a few trips to the Foundation. Additional work included socializing with the dogs and cats through play time and walking.

Nicholas Kulick ('14) travelled to our sister school, the Enkijape School, in Africa. As part of his Eagle Scout Project, Nicholas outfitted the school with computers and Internet so they could get connected!

Right: Mr. Kiminza, head of Enkijape School, received training from Nicholas to compose his first email message to Mr. Berg. In the background is Mr Fred Gache, coordinator of educational programs for the Maasiland Preservation Trust. Mr. Gache was helpful during Nick's trip and helped to resolve issues that arose with the solar power battery. Africa trip presentations will occur during assemblies on October 3rd and 6th. October 6th will be a Dress Down Day to raise funds for the Enkijape School.



From the College Counseling Office:

We are in full swing in the office. This year Ms. Catalfamo and I welcome Eileen Kropf as our College Counseling Intern. She is completing her College Counseling Certificate through UCLA's program. Ms. Kropf will be in the office 9am-2pm Tuesday – Thursday. She has a vast amount of experience in public and international education and also speaks Arabic, Russian, German and French.

Senior Families: Please put Wednesday, September 21 at 7 pm on your calendars. **Senior College Planning Night** will take place in the Rice Theater. All seniors are expected to be there and parents are strongly encouraged to attend. We will be going over the college application process including creating the list of schools, types of applications, application deadlines, college visits, and other ways of making this process as smooth and calm as possible. Seniors are reminded to sign up for their final SAT, Subject Tests, and ACT this fall. To register, please go to www.sat.collegeboard.org/register and www.actstudent.org. It is very important for seniors to keep their Naviance account up to date. The Family Connection Naviance address is www.connection.naviance.com/highland.

Junior Families: Please put The College Search Kick-Off for Juniors Thursday, November 17 at 7 pm on your calendars. We will introduce the college process at that point. It is an exciting evening with a panel presentation by experienced college admission professionals. These panelists then go on to lead workshops in the college search process for our juniors the next morning during school. We recommend the juniors take their first SAT and ACT in the second semester.

All juniors and sophomores will be taking the **PSAT (Preliminary SAT) on October 12 from 8am-noon**. There is no need to register. This is a national test date and for juniors the National Merit Scholarship Qualifying Test. There is no makeup date for the test so students are encouraged to remain healthy and not to schedule any appointments at this time.

We will also meet with sophomores and freshmen as various times during the school year to make sure they are making the most of their high school experience. Please call or email if you have any questions.

Renee Norden
Director of College Counseling

There's no need to fear, LUNCHTIME is always near.

The following choices are available for lunch in the US:

Monday– The PA rotates between Domino's & Honey Baked Ham.

Tuesday—11th grade serves Chinese. See page 9 for an order form.

Wednesday– Look for coming info regarding Chick Fil-A.

Thursday—Robotics serves Ledo's pasta and calzones. See page 8 for an order form.

Friday—The PA rotates between Tropical Smoothie and Panera.

Order forms for all lunches are available in the Main Office. PA Lunch forms can also be found on the website. Click on 'IParent' on our homepage. Each group prefers that you order ahead of time. There is no guarantee that leftovers will be available for students who have not placed an order.

**Students are welcome to bring their own lunch each day.
The kitchen has 4 microwaves available for student use.**

iparent is here to keep you...



Engage today at www.highlandschool.org

AUDITION TIME

“A Tribute to the Music of Rodgers & Hammerstein and Andrew Lloyd Webber”

Auditions for the fall production for the Upper School will be held on Monday, September 19th and Tuesday, September 20th at 3:30 pm in The Rice Theater.

**Audition requirement:
A Pre-1990 Broadway Song**



“two minutes and fifteen seconds of robotic mayhem”

TEAM ROBOHAWK WINS!!!!

Battle O’ Baltimore

AUGUST 2011

by Ivel Lee Collins

At 7:30am it seemed impossible. As we entered the competition arena we saw a huge variety of robots; minibots the size of a soda can, manipulating arms preprogrammed to reach to different heights, and flashy controller setups were in every corner. Teams helped each other, loaning batteries, sharing tools and ideas. The spirit of FIRST’s gracious professionalism dominated the competition, and showed that FIRST robotics is about more than winning.

As the competition got underway, our alliance partners strategized with us. We divided responsibilities, with one team assigned to blocking while the other two hung the rows of tubes. It is not always the team with the most well-designed or fastest robot that wins; it is the alliance with the most cooperation and communication.

And then we were there: the final rounds – each match an exhilarating two minutes and fifteen seconds of robotic mayhem! We had managed to win four of our six prequalifying rounds. Twitch, our robot, hung so many tubes in the qualifying rounds that Team RoboHawk earned second seed. We allied with two other strong teams, Team 357 and Team 2199. By the final match, we were a well-oiled machine and each team played a part. While our robot rocked at hanging tubes, our alliance partners had great minibots – working together, the result was victory. With such great alliance members, strategy, and communication, we were not only able to win the Battle of Baltimore, but also set the scoring record for this year, with our alliance scoring 96 points in one round!



**Interested in being a part of Team RoboHawk?
Contact Brian Smigielski at
bsmigielski@highlandschool.org.**

Ledo's Thursday: Lunch Order Form Fall Semester 2011

Please support Highland's Robotics program. Order Ledo's lunch on Thursdays.

The cost is \$6.00 for a generous lunch portion of the following selections.

- 1 – Small Cheese Pizza (choice of 1 topping)
- 2 – Pepperoni Calzone (flaky crust filled with melted provolone & pepperoni)
- 3 – Stromboli (salami, pepperoni, smoked provolone layered in flaky crust)
- 4 – Spaghetti (pasta covered with Ledo tomato sauce)
- 5 – Spaghetti & Meatballs (pasta covered with Ledo tomato sauce and meatballs)
- 6 – Cheese Tortellini Marinara (tortellini covered with Ledo tomato sauce)
- 7 – Cheese Tortellini Alfredo (tortellini covered with creamy Alfredo sauce)
- 8 – Fettuccini Alfredo
- 9 – Italian Cold Cut Sub (deli meats and cheese w/lettuce, tomato)(mayo and mustard on the side)
- 10 – Ham & Cheese Sub (w/lettuce & tomato; mayo and mustard on the side)

To order, place the item number of your selection next to the date below. If ordering pizza, write in the desired topping (if any) next to the item number (e.g., "#1 pepperoni"). Please include your name and grade. Please order for the full semester or return this form to the Upper School office each *Wednesday* by 3:30 for weekly orders. Lunches will be charged to your account or please send a check payable to "Highland School."

Sept 15 _____

Nov 10 _____

Sept 22 _____

Nov 17 _____

Sept 29 _____

Dec 1 _____

Oct 6 _____

Dec 8 _____

Oct 13 _____

Jan 5 _____

Oct 27 _____

Jan 12 _____

Nov 3 _____

Jan 19 _____

Jan 26 _____

STUDENT NAME: _____ Grade: _____

TOTAL LUNCHES: _____ X \$6.00 = TOTAL \$: _____

HIGHLAND ROBOTICS THANKS YOU!

TOPS CHINA ORDER FORM

The Junior Class will serve Tops China during lunch on Tuesdays for **\$6.50**. Please return this form to the front office by the Wednesday prior to ensure your lunch is ordered.

Please circle type of rice: **WHITE** or **FRIED**

Lunch Choices:

- L6. Chicken Lo Mein
- L8. Sweet and Sour Chicken
- L13. Chicken with Broccoli
- L15. Sesame Chicken
- L16. Chicken, Szechuan Style
- L18. General Tao's Chicken
- L27. Orange Flavor Chicken

Semester 1

Date	Lunch Choice		Date	Lunch Choice
09/20			11/15	
09/27			11/22	Thanksgiving Feast-no Chinese
10/4			11/29	
10/11			12/06	
10/18			12/13	Exams-no Chinese
10/25			12/20 & 12/27	Winter Break
11/01			01/03	
11/08			01/10	

NAME: (Please print) _____ **GRADE:** _____

NUMBER OF LUNCHES _____ x \$6.50 = _____ **(TOTAL AMOUNT OWED)**

PLEASE WRITE YOUR CHECK TO HIGHLAND SCHOOL AND PUT '11TH GRADE LUNCH' IN MEMO LINE OR

CHECK HERE TO BILL YOUR ACCOUNT _____.

Get your Homecoming tee shirt today! Order date has been extended until **Thursday, September 15th**. You may turn in your order form to the MS or US office. The order form can be found online. Go to www.Highlandsports.org and choose Boosters.



Homecoming: Saturday, October 15th

4.2 oz LONG SLEEVE T-SHIRTS by Canvas

100% combed ringspun cotton jersey, made with custom superior quality jersey, ribbed cuffs, comfortable for cooler weather days,



PRE-APPROVED FOR PE in MS

Color: Deep Heather

UNISEX SIZES:

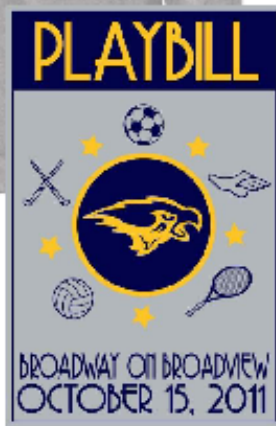
Small - 2XL

\$20

Preshrunk



FRONT LOGO



BACK LOGO

SAMPLE SIZES: If you would like to see a sample for sizing purposes, they will be available in Gary Leake's office.



Magnets: \$5
Car or Locker

ORDERS DUE BY Friday, September 9th

Order form on reverse side and posted on web site below

www.highlandsports.org



Magnets: \$5
Car or Locker

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Faculty Workweek Senior Pictures (9 am— 2 pm)	2 Faculty Workweek	3
4	5 Labor Day	6 RED Special Schedule	7 ORANGE DUD Freshman Field Studies Assembly	8 YELLOW Freshman Field Studies Advisory during Break.	9 GREEN Freshman Field Studies Class meetings during Break. Lunch with seniors & buddies	10 ACT Tests
11	12 BLUE DUD Special Schedule for Convocation (9 am)	13 ORANGE Assembly	14 YELLOW Class meetings during Break for grades 9&10. Grades 11&12 go to Theater for presentation by M- craie Kinesis. Sophomore Retreat (3:30 pm departure). Sophomore DDD.	15 GREEN Sophomore Retreat (returns by 3 pm) Free time during Break.	16 BLUE Assembly	17
18	19 RED Latin III Field Trip	20 ORANGE DUD Assembly PK-11 School Pictures	21 YELLOW Class meetings during Break. Senior College Planning Night (7 pm)	22 GREEN Senior Field Studies Advisory during Break.	23 BLUE Senior Field Studies Junior DC Trip Free time during Break.	24
25	26 RED	27 ORANGE DUD Assembly: Club Intro- ductions Last Day of Drop Add!	28 YELLOW Club meetings during Break.	29 GREEN Rosh Hashana Advisory during Break.	30 BLUE DDD Rosh Hashana Assembly Big Bro/Big Sis Event (6- 10 pm)	

This Calendar can also be found on our website .

Go to Academics > Upper School and on the left you will click on Monthly Calendar.